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FORM 4.9

Experiment Record

Directions: Use this form to help you design an experiment to test your beliefs about emotions. Record your answers in the spaces provided.

What is the belief being tested? _____

_____

How strongly do you believe this? (0–100%) _____

How will this belief be tested? _____

_____

_____

What are you predicting will happen? _____

_____

_____

How confident are you in your prediction? (0–100%) _____

What was the actual outcome of the experiment? _____

_____

_____

Rerate the strength of your belief (0–100%) _____