Resource List for CBT for PTSD Workshop

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Links for downloadable CBT forms:

http://www.appi.org/SiteCollectionDocuments/Books/62153/62153.pdf


Key books on CBT for PTSD:


CBT Case formulation


Textbooks


Highly recommended books with chapters on CBT for PTSD


Theories of PTSD


Reviews of psychotherapies for PTSD


**Reviews: Exposure Therapy**


**Clinical trials: Exposure therapy**


**Clinical trials: Cognitive therapy and Cognitive Processing Therapy**


Relevance of neuroimaging data for CBT research and clinical practice


Fear conditioning and extinction


**PTSD Assessment**


Moderating variables that may affect patient response to CBT treatment and may inform troubleshooting in conducting exposure treatment


**Cognitive-behavioral treatments for PTSD: Special populations**


### CBT for co-occurring substance use disorder and PTSD


### Miscellaneous publications cited in powerpoint that were not included in any other section


**Clinical practice guidelines**

Article that examines various guidelines and to compare and contrast their methodologies and recommendations to aid clinicians in making decisions about their use:


**Clinical Practice Guidelines for Posttraumatic Stress Disorder**

   ([http://www.healthquality.va.gov/Post_Traumatic_Stress_Disorder_PTSD.asp](http://www.healthquality.va.gov/Post_Traumatic_Stress_Disorder_PTSD.asp))


5. The International Society for Traumatic Stress Studies (ISTSS) Guidelines Foa, Keane, Friedman, & Cohen, 2008 (www.istss.org)

6. American Academy of Child and Adolescent Psychiatry (AACAP) Practice Parameters for PTSD in Children and Adolescents American Academy of Child and Adolescent Psychiatry; Cohen et al., 2010 (http://www.aacap.org)


Training Sites

Training modules on PTSD (VA)
http://www.ptsd.va.gov/professional/ptsd101/course-modules/cbi-for-ptsd.asp

Computer Programs


Websites for obtaining information leaflets for patients

The Anxiety Disorders Association of British Columbia (AnxietyBC™) is a non profit organization which was started in early spring of 1999 by a group of concerned consumers, family members, and professionals, who work to increase awareness about anxiety disorders; promote education of the general public, affected persons, and health care providers; and increase access to evidence-based resources and treatments. http://www.anxietybc.com/resources/ptsd.php

See also resources on websites listed below

Professional Organizations With Special Interest in Cognitive-Behavior Therapy

Academy of Cognitive Therapy (http://www.academyofct.org)
Treatting co-occurring PTSD and substance use disorders

Seeking Safety
http://www.seekingsafety.org
http://www.seekingsafety.org/3-03-06/articles.html

Miscellaneous articles that I hope you will find helpful!


